

SHANE SULLIVAN, PT, DPT, CERT. MDT, OCS, ATC, CSCS
SPINESCOTTSDALE PHYSICAL THERAPY
10133 N. 92ND ST. SUITE 101
SCOTTSDALE, AZ. 85258
WORK: 480-584-3334
EMAIL: shane@spinescottsdale.com

CURRICULUM VITAE

EDUCATION

Doctorate of Physical Therapy
Arizona School of Health Sciences, 2002

Bachelor of Science-Exercise Science (Summa Cum Laude)
Arizona State University, 1997

EDUCATION AND ACADEMIC HONORS

Dean's List: Arizona State University. (Spring, 1997)

Member: Phi Eta Sigma National Honor Society (May, 1997)

Member: Golden Key National Honor Society (May, 1997)

Recipient of the outstanding male senior award, ASU Department of Exercise Science and Physical Education, Bachelor of Science program. (May, 1997)

Arizona State University. Sports Medicine Academic Scholarship Award (Fall, 1996)

Candidate for the outstanding male senior award, ASU Department of Exercise Science and Physical Education, Bachelor of Science program. (May, 1996)

Dean's List: Arizona State University. (Fall, 1995)

Dean's List: The University of Arizona. (Fall, 1994)

Dean's List: The University of Arizona. (Spring, 1993)

Published Essay: Student's Guide to First-Year Composition, 14th Edition, University of Arizona. (Fall, 1994)

Recipient of First Annual Physical Therapy Student Award: "Best At Coming Up With Functional Exercise" Arizona School of Health Sciences. Mesa, AZ (May 2002)

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CURRICULUM VITAE

PHYSICAL THERAPY EMPLOYMENT

SpineScottsdale Physical Therapy. Scottsdale, AZ. (December 2009-Present)

Owner, Physical Therapist

Scottsdale Healthcare-Shea. Scottsdale, AZ. (December 2006-Present)

Physiotherapy Associates. Scottsdale, AZ. (June 2006-November 2009)

Director of Spine Rehabilitation

Athletes' Performance. Tempe, AZ. (November 2005-May 2006)

Performance Physical Therapist

Spooner Physical Therapy. Scottsdale, AZ. (January 2005-October 2005)

Physical Therapist

ATHLETIC TRAINING EMPLOYMENT

Biltmore Physical Therapy and Aquatic Center. Phoenix, AZ. (January 1999-August 1999)

Healthsouth. Phoenix, AZ. (January 1997-October 1998)

Certified Athletic Trainer

CERTIFICATIONS

Board Certified-Orthopedic Clinical Specialist (OCS) (June 2009-Present)

Certified in the McKenzie Method of Mechanical Diagnosis and Therapy (CERT. MDT)
(February 2008-Present)

Certified Strength and Conditioning Specialist (CSCS) (October 2007-Present)

Certified Athletic Trainer (ATC) (July 1997-Present)

Emergency Medical Technician-Basic (EMT) (January 1995-January 1998)

American Safety and Health Institute CPR (Continuous)

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CURRICULUM VITAE

RESEARCH

Spondylolisthesis vs. Postural Syndrome: The unique fingerprint of the postural syndrome.
International Journal of Mechanical Diagnosis and Therapy. (2008)

CLINICAL TEACHING

Supervision of physical therapy students from multiple accredited universities around the U.S.
(November 2005-Present)

PRESENTATIONS BY INVITATION

Southwest Section PGA Teaching & Coaching Summit: Legacy Golf Course. Phoenix, AZ.
(January 2006)

Topic: Swing Faults and Body Fixes

Rocky Mountain Athletic Trainer's Regional Convention: Hilton Airport. Phoenix, AZ.
(September 2005)

Topic: Functional Rehabilitation

TIRR Rehabilitation Centers: Annual Athletic Trainer's Conference. Houston, TX.
(July 2003)

Topic: Physical Therapists and Athletic Trainers: Sports Health Care

Texas Woman's University School of Physical Therapy: Houston, Texas
(March 2003)

Topic: Functional Rehabilitation of the Lower Extremity: Gary Gray Concepts

Commencement Speaker: Arizona School of Massage Therapy. Mesa, AZ
(May 2001)

FACULTY

Phoenix School of Holistic Health, Houston, TX. (Spring 2003)
Anatomy Instructor

Arizona School of Massage Therapy, Tempe, AZ.
Anatomy Instructor (Fall 2000- Spring 2002)

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Arizona School of Health Sciences, Mesa, AZ.
Anatomy Lab Instructor-Physicians Assistant Program (Fall 2001)

ATHLETIC TRAINING CONTINUING EDUCATION

NSCA Certification Commission Online CEU Quiz: Aerobic Benefits of Caffeine Supplementation. (November, 2008)

NSCA Certification Commission Online CEU Quiz: Plyometric Exercises for Overhead-Throwing Athletes. (November, 2008)

NSCA Certification Commission Online CEU Quiz: Designing Exercise Programs to Lower Fracture Risk in Mature Women. (November, 2008)

NSCA Certification Commission Online CEU Quiz: Taking the First Few Steps Explosively: The Missing Link. (November, 2008)

NSCA Certification Commission Online CEU Quiz: Concurrent Training-Part I and II. (November, 2008)

NSCA Certification Commission Online CEU Quiz: Neuromuscular Adaptations to Resistance Training. (November, 2008)

Training & Conditioning Journal Quiz. (November, 2004)

NSCA Certification Commission Strength and Conditioning Journal Quiz. (August, 2003)

Outpatient Rehabilitation Therapy Web-Based Training Course: Texas Orthopedic Hospital, Houston, TX. (June, 2003)

NSCA Certification Commission Strength and Conditioning Journal Quiz. (June, 2003)

NSCA Certification Commission Strength and Conditioning Journal Quiz. (October, 2003)

Research Assistant: Training Athletes NeuroKinetically. Houston, TX. (October, 2002)

Correlative and Functional Cerebral Anatomy: Tucson Medical Center. Tucson, AZ. (March, 2002)

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CURRICULUM VITAE

NSCA Certification Commission Strength and Conditioning Journal Quiz. (February, 2002)

Anatomy Review Workshop for Athletic Trainers: AZ School of Health Sciences. Phoenix, AZ. (July 2000)

Anatomy Instructor: Japanese Cadaver Workshop. Phoenix, AZ. (April, 2000)

Athletic Institute of Medicine Athletic Training Symposiums: Standing Ankle and Foot Mobilization and Treatment. Phoenix, AZ. (October, 1999)

Athletic Institute of Medicine Athletic Training Symposiums: Integration of Chiropractic Medicine Into The Athletic Trainer's Tool Box. Phoenix, AZ. (September, 1999)

Athletic Institute of Medicine Athletic Training Symposiums: Athletic Shoulder Instability. Phoenix, AZ. (July, 1999)

Anatomy Review Workshop for Athletic Trainers: AZ School of Health Sciences. Phoenix, AZ. (July 1999)

Athletic Institute of Medicine Athletic Training Symposiums: The Advanced Principles of Flexibility Training in Sports Medicine. Phoenix, AZ. (May, 1999)

Exercise Etc. Inc.: Designing Practical Programs: Exercises for the Knee. Phoenix, AZ. (May, 1999)

Exercise Etc. Inc.: Plyometric Workout. Phoenix, AZ. (May, 1999)

Southwest Fitness and Conditioning Clinic, Tucson, AZ. (March, 1999)

Athletic Institute of Medicine Athletic Training Symposiums: Functional Taping Techniques. Phoenix, AZ. (March, 1999)

Athletic Institute of Medicine Athletic Training Symposiums: Evaluation of Athletic Back Pain. Phoenix, AZ. (February, 1999)

14th Annual Sunkist Kids ASU International Wrestling Tournament. Tempe, AZ. (October, 1998)

Journal of Athletic Training CEU Quiz. Online (October, 1998)

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NSCA Certification Commission Strength and Conditioning Journal Quiz. (October, 1998)

NATABOC Certification Exam Examiner/Model. Tucson, AZ. (August, 1998)

NSCA Certification Commission Strength and Conditioning Journal Quiz. (August, 1998)

NATABOC Certification Exam Examiner/Model. Tucson, AZ. (June, 1998)

Journal of Athletic Training CEU Quiz. Online (June, 1998)

NSCA Certification Commission Strength and Conditioning Journal Quiz. (June, 1998)

Journal of Athletic Training CEU Quiz. Online (April, 1998)

4th Annual Physicians Seminar: The Throwing Athlete. Phoenix, AZ. (April, 1998)

NSCA Certification Commission Strength and Conditioning Journal Quiz. (April, 1998)

Men's Adult and Senior Baseball League World Series. Phoenix, AZ. (October, 1997)

Healthsouth-Joint Mobilization: A Program for the Athletic Trainer. Phoenix, AZ. (August, 1997)

NATABOC Certification Exam Examiner/Model. Tucson, AZ. (August, 1997)

Healthsouth Joint Mobilization Course for Athletic Trainers, Phoenix, AZ. (August, 1997)

ASU Research Assistant Exercise and Sport Research Institute, Tempe, AZ. (Spring, 1997)

ASU Sports Medicine Student Athletic Trainer, Tempe, AZ. (May, 1997)

Pat Murphy's ASU Baseball Academy "Touch Em All". Tempe, AZ. (November, 1996)

Tucson Toros Baseball Club-Triple A Team for the Houston Astros. Tucson, AZ. (Summer, 1995)

Tucson Baseball School Winter Development Program. Tucson, AZ. (July 1995)

ASU Champ Camp: A Basketball Camp for Girls. Tempe, AZ. (June 1995)

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CURRICULUM VITAE

Seattle Mariners Spring Training. Peoria, AZ. (April, 1995)

ASU Taping Seminar and Supervising Trainer Clinic. Tempe, AZ. (April, 1995)

ASU Sports Medicine Student Athletic Trainer, Tempe, AZ. (January, 1995)

AzATA Winter Business Meeting and Clinical Symposium. Tempe, AZ. (December, 1994)

Mountain View High School Sports Medicine. Tucson, AZ. (Fall 1994)

Tucson Toros Baseball Club-Triple A Team for the Houston Astros. Tucson, AZ. (Summer 1994)

Tucson Baseball School Winter Development Program. Tucson, AZ. (July 1994)

Cramer Advanced Athletic Training Workshop, Tucson, AZ. (June, 1994)

ASU Athletic Training Taping Seminar. Tempe, AZ. (April, 1994)

Univeristy of Arizona High School Student Athletic Trainer Workshop. Tucson, AZ. (March, 1994)

Pima Community College, Tucson, AZ. (August, 1993-December, 1994)
Student Athletic Trainer

Mickey-Miles Felton's Arizona Holiday Lacrosse Camp. Tucson, AZ. (December, 1993)

PHYSICAL THERAPY CONTINUING EDUCATION

Physical Medicine Research Institute Advisory Board Meeting: To Foster Research For The Development of Best Practice In Physical Medicine and Rehabilitation For Workers' Compensation. Oakland, CA. (July, 2009)

Segmental Lumbar Stabilization Progression into Functional Stability, Physiotherapy Associates, Tempe, AZ. (October, 2008)

McKenzie Method of Mechanical Diagnosis and Therapy Part E: The Human Extremities, Austin, TX. (September, 2008)

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Treatment of Spondylolisthesis. Physiotherapy Associates. Tempe, AZ. (April, 2008)

McKenzie Institute Online Course: An Overview of the McKenzie Method. Online (July, 2007)

“A Day with Robin McKenzie” Clinical Workshop, Queenstown, New Zealand. (March, 2007)

McKenzie Method of Mechanical Diagnosis and Therapy Part D: Advanced Problem Solving and Techniques; A Practical Workshop, Austin, TX. (December, 2006)

Physioworks: Regional Workers’ Compensation Training Seminar. Phoenix, AZ. (October, 2006)

Recent Advances in the Evaluation and Treatment of the Shoulder: Kevin Wilk. Phoenix, AZ. (July, 2006)

Athletes’ Performance Mentorship Week-Phase I. Tempe, AZ. (March, 2006)

Functional Movement Screening: Gray Cook. Tempe, AZ. (December, 2005)

McKenzie Method of Mechanical Diagnosis and Therapy Part C: Problem Solving, Austin, TX. (September, 2005)

Mulligan Concept-Introductory Course Mobilizations with Movement. Monterey, CA. (June, 2005)

McKenzie Method of Mechanical Diagnosis and Therapy Part B: Cervical and Thoracic Spine, Austin, TX. (April, 2004)

McKenzie Method of Mechanical Diagnosis and Therapy Part A: Lumbar Spine, Austin, TX. (November, 2004)

Orthotic Reaction: The Art and Science of Locomotor Biomechanics and Foot Orthosis. Chicago, IL. (October, 2004)

Back to Golf: Basic Golf. Cherry Hill, NJ. (May, 2003)

Age-Specific Training Across the Life-Span, Growing Up With Us, Houston, TX. (January, 2003)

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CURRICULUM VITAE

PT Intern: St. Joseph's Hospital Pediatric Rehabilitation. Phoenix, AZ. (September, 1998)

PT Intern St. Joseph's Hospital Neurological Rehabilitation Rehabilitation. Phoenix, AZ. (June, 1998)

CONFERENCES

11th McKenzie Institute International Conference in Mechanical Diagnosis and Therapy, Rio de Janeiro, Brazil (August 2009)

The McKenzie Institute Conference of the Americas: From Pain To Function, Orlando, FL. (July 2008)

10th McKenzie Institute International Conference in Mechanical Diagnosis and Therapy, Queenstown, New Zealand. (March 2007)

MEMBERSHIPS

National Athletic Trainer's Association (NATA)

National Strength and Conditioning Association (NSCA)

American Physical Therapy Association (APTA)

McKenzie Institute of Mechanical Diagnosis and Therapy (MDT)

LICENSURES

Licensed Physical Therapist (PT), Arizona Board of Physical Therapy

Certified Mechanical Diagnosis and Treatment of Spine Disorders (CERT. MDT)

Board Certified Orthopedic Certified Specialist (OCS), American Physical Therapist Association

Certified Athletic Trainer (ATC), National Athletic Trainers Association

Certified Strength and Conditioning Specialist (CSCS), NSCA Certification Commission